



THE HUSKY HOWLER

Mapleview Heights Elementary School Newsletter
March 2018

Please follow us on Twitter [@mapleviewhts](https://twitter.com/mapleviewhts) and see the exciting things that are happening within our day!! See what's new in our library [@mhtlibrary](https://twitter.com/mhtlibrary)

MESSAGE FROM THE OFFICE

Hard to believe we are already into March. Time certainly does fly! The cold and snowy weather appears to have left us for now but there are extreme fluctuations forecasted. Please ensure that your child(ren) are always dressed appropriately so that they can get outdoors and enjoy some fresh air each day at recess and/or during outdoor learning opportunities. With any luck March will come in like a lion so it goes out like a lamb and we can put winter behind us following March Break.

Our morning supervision begins at 9:00 AM and our first bell rings at 9:14 AM. We ask that your child(ren) be on property BEFORE the second bell rings at 9:15 AM otherwise they will be asked to sign in late. We would like to emphasize that giving your child the message that timeliness and punctuality are important is a key employment skill for their future. In addition, we do not want them centered out or being a disruption to their classmates when they arrive late. We also would like to remind parents that those who chose to drive that you are only permitted to let your child off in the kiss 'n ride drop-off zone which is the curb lane closest to our tarmac. Students, for safety reasons, are not permitted to be let out in the moving lane or the middle lanes as they must cut through moving cars and this is very unsafe.

It was a true honour to review the report cards last month and see the success that our students are experiencing this year. The staff at Mapleview Heights work hard to ensure every student is reaching their personal goal(s) and experiencing success for them. Please continue to encourage your child(ren) to strive for their best and if you have any questions or concerns, feel free to contact your child's teacher.

If you were part of our Jump2Math night in February or plan to come to the Math Counts nights (Grade 4 – 6 students and parents) we applaud you for showing your child your level of interest in their learning. If you would like to support other such activities, then please join us at our monthly School Council meetings which are the first Tuesday of the month at 6:30 PM in the library. Everyone is always welcome!

On behalf of the staff we would like to wish everyone a safe, restful, and happy March Break regardless of your plans. Whether heading south or just staying close to home, we do hope that you and your child(ren) get some fun family time. Also looking ahead we have Easter Weekend in March as well and do hope that your family has another chance to do things together on Good Friday (March 30) and Easter Monday (April 2).



Kindly in Education,
Mrs. Lisa Cooke

FUTURE DATES

Mar. 1 st	Girls Got Grit – 1 st Break
Mar. 1 st	Gr. 5 Ultimate Steps Dance
Mar. 2 nd	Gr. 4 Outdoor Ed. Field Trip
Mar. 2 nd	Ultimate Steps Dance (Cole, Dewson, Iacobellis & Mulligan class)
Mar. 2 nd	BONUS PIZZA DAY
Mar. 6 th	School Council Meeting – 6:30pm in the library
Mar. 7 th	Career Day Gr. 6-8
Mar. 8 th	VIP Graduation – library
Mar. 8 th	Girls Got Grit – 1 st break
Mar. 9 th	Gr. 4 & 5 Dance Club – 1 st break
Mar. 12 – 16	MARCH BREAK
Mar. 19 – 22	SMDHU Dental Screening Clinic
Mar. 21 st	Gr. 4 & 5 Dance Club – 1 st Break
Mar. 22 nd	Jump to Math – evening workshop
Mar. 23 rd	Gr. 4 & 5 Dance Club – 1 st Break
Mar. 23 rd	Future Occupation Day
Mar. 26 th	Gr. 5 Hand Drumming
Mar. 27 th	Character Ed. Assembly 11:35am
Mar. 28 th	Leadership Team Building – last block
Mar. 29 th	Girls Got Grit – 1 st block
Mar. 29 th	Jump to Math – evening workshop
Mar. 30 th	GOOD FRIDAY HOLIDAY
Apr. 2 nd	EASTER MONDAY HOLIDAY



KINDERGARTEN REGISTRATION

Do you have a child who was born in 2014? If so, it's almost time to register them for Kindergarten in the SCDSB! Beginning Jan. 22, our elementary schools will register children for Kindergarten for the 2018-19 school year. Required registration documents include birthdate documentation, proof of address and immunization records. Visit www.scdsb.on.ca/kindergarten for more information.



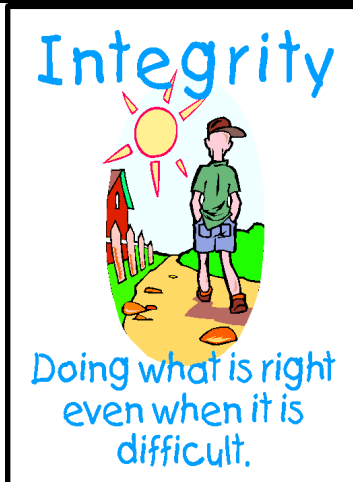
CHESS CLUB & DANCE CLUB

There are many wonderful clubs and opportunities happening in our school. Currently, our chess club is meeting every Thursday during first nutrition break in the library. All gr. 4-8 students are welcome to attend. As well, on Day 2s and Day 4s during first nutrition break, Grade 4 and 5 students are welcome to attend Dance Club. Meet some friends, get some exercise and enjoy the music!

CHILD CARE PROGRAMMING AVAILABLE FOR MARCH BREAK

The Simcoe County District School Board (SCDSB) supports your child care needs by offering full-day child care programs in select schools across Simcoe County on PA Days and school holidays. Over 30 of our schools offer child care programs for children from Junior Kindergarten to 12 years of age, including care over March Break (March 12 to 16). The daily fee is \$34.20 and a fee subsidy may be available to families who qualify. Registration in advance is required. Please contact the child care operator directly to register. More information and contact numbers can be found at www.scdsb.on.ca – click on 'Schools' and then 'Before & After School Care.'

MARCH CHARACTER TRAIT



NEW PATH OFFERING CHILD AND YOUTH MENTAL HEALTH WALK-IN CLINICS

New Path now offers Child and Youth Mental Health Walk-In Clinics in five office locations throughout Simcoe County: Alliston, Barrie, Bradford, Collingwood and Orillia. The Walk-In Clinic provides a single session to children, youth and families who require support for emotional, relationship or behavioural challenges. The Walk-In Clinic can be accessed by children, youth and families as often as they require support. Children, youth and families can self-refer by attending one of the walk-in clinic locations across the county. Dates and times of the clinics are posted on the New Path website (www.newpath.ca). For more information, contact New Path's Central Intake Department at 705-725-7656 or from the 905 area code in Simcoe County by calling 1-866-566-7656.

GILBERT CENTRE PROGRAMS FOR LGBTQ2S YOUTH AND FAMILIES

The Gilbert Centre is a community-based, not-for-profit, charitable organization that provides programs and services to serve lesbian, gay, bisexual, transgender individuals and families in Simcoe-Muskoka. Visit the Centre's website at www.gilbertcentre.ca for more information about these programs:

- **LGBTQ2S Youth Connection drop-in groups**
LGBTQ2S Youth Connection is a drop-in and social space for lesbian, gay, bisexual, queer, 2spirit, trans, asexual etc. and questioning youth. Groups are a place for youth to connect with each other and to community. Groups take place in Barrie, Midland and Orillia.
- **Parenting LGBTQ Youth sessions**
These free sessions, 'Parenting LGBTQ Youth,' are offered in April, May and June in Alliston, Barrie, Collingwood and Orillia. Dinner is provided. To reserve your spot, contact Jake at jakef@gilbertcentre.ca or 705-722-6778 ext. 107.

PARENTS INVITED TO INFORMATION SESSIONS ABOUT SPECIAL EDUCATION

The SCDSB is hosting a series of information sessions for parents/guardians to learn about special education in the SCDSB, and how to support students with special education needs.

March 19

Accessing Supports in the Community

April 16

Understanding Alternative/Non-Academic IEP Goals

All sessions take place from 6 to 7 p.m. at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. No registration required.

STAY HEALTHY THIS SCHOOL YEAR

Colds and Influenza spread easily from person to person. These germs can spread directly from person to person when someone coughs or sneezes, or indirectly when germs land on hard surfaces like door knobs, desks, keyboards, or wet tissues and then are touched by someone. These germs can then enter the body through the eyes, nose or mouth. The most important thing you can do to keep from getting sick and stop the spread of germs to others is wash your hands with soap and warm running water for at least 15 seconds. If your hands are not visibly dirty, you can use alcohol based hand rub hand sanitizer for 15 seconds.

Cover coughs and sneezes with a tissue or cough into your sleeve or upper arm and stay home if you are sick. Teach your kids to do the same! For more tips to keep you and your family healthy this school year, contact Health Connection at 1-877-721-7520 or visit the health unit's website at

www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

PACKING A HEALTHY SCHOOL LUNCH

A school lunch should give children the energy and nutrients they need to be ready to learn, be more alert and perform better at school. When planning lunches keep these tips in mind:

- include one serving from at least three of the four food groups from Canada's Food Guide
- rather than buying pre-made lunch kits, make your own healthy lunch kit with divided containers and small, bite-sized cheese cubes, cooked chicken chunks, veggie sticks or fruit slices
- get your kids to eat more veggies - send cucumber coins, carrot sticks, zucchini sticks and pepper strips with dip
- fill whole wheat or multigrain wrap/pits/tortilla shells with your child's favourite foods such as hummus and grated carrot or sliced turkey with honey mustard
- don't have them drink their fruit...send water instead

Looking for more information to help keep you and your family healthy? Call Health Connection at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at

www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

GET ACTIVE AND ENERGIZED THIS MARCH BREAK

March Break is the perfect opportunity to get your kids off their screens and moving! Children are spending less time being active and only seven per cent of Canadian kids get enough exercise. Health Canada recommends children and youth get 60 minutes of physical activity every day. Getting our daily dose of exercise not only helps to prevent health risks, it builds strong muscles and bones, develops positive body image and supports mental health. Here are ideas to get you and your kids moving this March Break:

- Get outside and enjoy some fresh air as you explore your local trails, parks and toboggan hills, or build a snowman!
- Make a splash at a local community pool like the YMCA of Simcoe/Muskoka. Day passes are available for families to take advantage of recreational swimming. For older kids, March Break is the perfect time to enrol in aquatic leadership programs such as Bronze Medallion or National Lifeguard training.
- Train as a family by signing up for the YMCA's *Move to Give* fundraising event, happening on April 7. Challenge the whole family to start training for a 5K run, indoor cycling or a triathlon and continue training together until the event. It will keep the entire family focused on a goal and it's all for a great cause – supporting your community! For more information, visit www.movetogive.ca.
- Skating is a great sport for all ages – it's low impact and helps improve coordination and balance. Check your local public arenas for family skate times.

March Break is a great time to create healthy daily habits for your children and the entire family. The YMCA of Simcoe/Muskoka offers many opportunities to get fit as a family over the March Break. For more information, visit your local YMCA or www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka

