



THE HUSKY HOWLER

Mapleview Heights Elementary School Newsletter

October 2017

Please follow us on Twitter [@mapleviewhts](#) and see the exciting things that are happening within our day!! See what's new in our library [@mhtlibrary](#)

MESSAGE FROM THE OFFICE

The summer weather has moved on and the fall colours are starting to decorate our landscape! It has been a fabulous start up! Thank you to everyone for coming out on our Meet the Teacher night and seeing all of the great things happening around our school. Your support for academics as well as chocolate sales, fundraising, etc. continue to amaze us all here at MHT!

With October comes our first school community event at the Colts game October 21st (ticket order forms home today), chocolate sales, PA Day October 20th and lots of learning! For this upcoming weekend, we all have so much to be thankful for as we not only live in a great community but the Huskie Community is one of a kind!

Sports are up and running. Please note that you must sign a form prior to events to ensure your child can leave with you.

If you use our Kiss 'N Ride you are only permitted to stop and leave your vehicle if you are on the right side of each aisle and there is no parking on the road in front of the school as Bylaw has issued several tickets last week. All of this is for your the safety of you and your child(ren) so we are requesting your full cooperation. Also note that our parking lot is not authorized for overnight use and you will most likely be ticketed or towed if you park in our parking lot overnight.

On behalf of all the staff at MHT we wish you and family a very Happy and Healthy Thanksgiving!

Yours in education,
Mrs. Lisa Cooke



FUTURE DATES

Oct. 1 – 3	Gr. 7s to Kamp Kandalore
Oct. 3	School Council Meeting 6:30pm in the library
Oct. 5	PICTURE DAY
Oct. 9	Thanksgiving Monday Holiday
Oct. 10	Gr. 3 Swim to Survive program
Oct. 11	Regional Cross Country Meet – Innisfil Beach Park
Oct. 12	Colts Ticket orders due
Oct. 13	Gr. 7 Immunization Clinic
Oct. 17	County Cross Country Meet – Mount St. Louis Moonstone
Oct. 17	Gr. 3 Swim to Survive Program
Oct. 18	Gr. 3-8 Caribou Math Contest
Oct. 18	Intermediate Flag Football Regionals @ Sunnybrae
Oct. 20	P.A Day
Oct. 21	Barrie Colts Night
Oct. 24	Gr. 3 Swim to Survive Program
Oct. 27	Gr. 5 Field Trip to St. Marie Among the Hurons
Oct. 31	Happy Halloween!

OCTOBER IS INTERNATIONAL WALK TO SCHOOL MONTH



Did you know that October is International Walk to School month? It's a great way for children to get their recommended 60 minutes of physical activity each day and also gives parents and staff a chance to be part of a worldwide event that celebrates the many benefits of walking. Here are some ideas:

- Encourage your child to walk or cycle to and from school if you live close by and team up with others to make the trip more fun
- If you usually drive your child to school, try getting them to walk part of the way
- If your child takes the bus, walking to and from the bus stop is a great way to add physical activity minutes into the day

Information provided by the Simcoe Muskoka District Health Unit



PAY FOR FIELD TRIPS, LUNCH DAYS, ETC WITH SCHOOL CASH ONLINE

If you have not already done so, be sure to sign up for School Cash Online. This is our preferred method of payment for all school fundraising including lunch days and field trips. School Cash Online allows you to pay with your debit or credit card. Follow these steps to get started:

1. Go to simcoecounty.schoolcashionline.com or from our school website click on "Pay Fees"
2. Register and add your child to the newly created account
3. View and purchase items through echeck or credit card

The School Cash Parent Helpdesk is available 24/7 to help you with registration, password recoveries or any other payment issues. Call the helpdesk at 1-866-961-1803 or email parenthelp@schoolcashionline.com.

SCHOOL BUS SAFETY WEEK AND SCHOOL BUS DRIVER APPRECIATION DAY

School Bus Safety Week takes place Oct. 16 to 20. To support schools in promoting school bus safety to students, the Simcoe County Student Transportation Consortium (SCSTC), in partnership with school bus operators, will offer bus evacuation training to all home-to-school transported students. During this week, school bus drivers will educate students on how to evacuate a school bus safely in an emergency situation.

Wed., Oct. 18 is School Bus Driver Appreciation Day in the province of Ontario. It's a great opportunity for the school community to thank our bus drivers for all their hard work transporting students to and from school safely. For more information, visit the SCSTC website at main.simcoecountyschoolbus.ca/.

FIRE PREVENTION WEEK IS OCTOBER 8 to 14: Every Second Counts: Plan 2 Ways Out!

Fire Prevention Week runs from Oct. 8 to 14. This year's theme is "Every Second Counts: Plan 2 Ways Out!" Smoke and fire spread fast. There's no time to figure out how to escape AFTER a fire starts. All households should have working smoke alarms and practice a home fire escape plan with everyone in the family BEFORE there's a fire. Find out more at: www.nfpa.org/fpw.

NEW PATH OFFERING CHILD AND YOUTH MENTAL HEALTH WALK-IN CLINICS

In response to the increasing wait times for child and youth mental health services, and the increased need for such services, New Path has undertaken a service redesign that will provide more timely and responsive services to children, youth and families in Simcoe County. New Path now offers Child and Youth Mental Health Walk-In Clinics in five office locations throughout Simcoe County: Bradford, Alliston, Barrie, Collingwood and Orillia.

Children, youth and families requesting service from New Path no longer need to call and complete an intake; they can simply attend one of the local Walk-In Clinics and will receive a single session intervention that day. Should children or youth require further service, New Path will continue to offer a wide variety of community and school-based services as well as residential service and women's service. For further information, including the clinic locations, days and hours, visit www.newpath.ca or contact New Path's central intake department at 705-725-7656.

LGBTQI2S JUNIOR YOUTH CONNECTION FOR KIDS AGED 12 TO 15

The Gilbert Centre is offering a new drop-in and social program for LGBTQI2S identified youth to connect, explore and learn. Meetings take place on the first and third Friday of every month from 5-7 p.m. at 80 Bradford Street in Barrie. For more information, please call Ve Tao, Youth Support Worker at 705-722-6778 x109, visit lgbyouth.ca or email vet@gilbertcentre.ca.

TRANSLATING LEGAL ISSUES FOR FRONTLINE WORKERS AND MEMBERS OF THE TRANS COMMUNITY

The Gilbert Centre, in partnership with The Community Legal Clinic, The Law Foundation of Ontario, and The Mediation Centre, is offering training on navigating human rights and the law for transgender people in Simcoe County. Topics will include trans inclusivity training, human rights, housing, employment, income support and family law. Register at www.gilbertcentre.ca/translating-legal-issues/. The training is offered in Collingwood Oct. 12 to 13.



HEALTHY CLASSROOM CELEBRATIONS

Classroom and school celebrations are great opportunities for children to practice the healthy eating messages they learn in the classroom. Help teach the importance of healthy eating by choosing healthy foods to send in the next time your child's class is celebrating. Here are some ideas:

- Send a tray of watermelon slices, orange slices, apples or fruit kabobs
- Make homemade mini muffins with whole wheat flour and grated carrots or apple
- Send a tray of whole grain crackers, cubes of lower fat cheese and grapes
- Send a veggie platter - get creative by arranging it in fun shapes
- Prepare chocolate dipped strawberries for a sweet treat

Looking for more information to help keep you and your family healthy? Call *Health Connection* at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at www.simcoemuskokahealth.org.
Information provided by the Simcoe Muskoka District Health Unit

BRIDGING THE GAP - Navigating the youth mental health system

Join Dr. Keith Rose and a team of professionals on Tuesday, October 10th, 2017 at 7pm for a workshop on exploring the many facets involved in our youth mental health. Registration is required and free by visiting www.midlandculturalcentre.com

MAPLEVIEW HEIGHTS REMINDERS

1. Colts ticket orders are due by October 12th and Chocolate money is due on October 16th.
2. Just a reminder to all our families that we will be going outside for recess if it's raining. We will be watching the weather radar and unless there is a storm warning, thunder and lightning or a torrential downpour we will be going outside. On rainy days, please ensure your child brings a raincoat and is dressed for outside play.
3. For School Halloween celebrations, just a reminder that no weapons, masks, excessively scary or gross costumes are permitted and the school dress code must be adhered to. Students are encouraged to wear black & orange during parts of the day when their class is not dressed up.
4. Annual Volunteer Offense Declarations will be sent home soon. Please sign and fill out these forms and return them to the office by October 23rd.

TIPS FOR A HEALTHY HALLOWEEN



The month of October is upon us and that means Halloween is just around the corner! For many children, this can be an exciting time of year as they get their costumes ready and their buckets out to fill with candy! Halloween can also be a tough time for parents to keep their kids' diets healthy and balanced. Here are some helpful 'tricks' to help you and your family have a healthy Halloween this year!

- Walk door to door when trick or treating. It will burn calories and also tire the kids out – potentially limiting the amount of houses you will hit before the end of the night. Try making a competition out of who can walk the most steps.
- Plan a party. Make the focus of your party fun activities instead of sugary treats. Include Halloween games such as a costume or dance contest, or pumpkin carving.
- Trade the candy collected for non-edible treats like books, small toys or arts and crafts materials. Before your kids venture out in their costumes, make sure they eat a healthy meal.

Visit your local YMCA of Simcoe/Muskoka for some fun Halloween activities for the whole family to enjoy!

Information provided by the YMCA of Simcoe/Muskoka (www.ymcaofsimcoemuskoka.ca)

